

The following information explains what the All-Star program and commitment entails.

All-Stars is designed to be a competitive program with the best team put forth to win tournaments. It can be a 5 to 7 day a week commitment that will last from mid-May through mid-July. Teams that qualify for states and nationals will continue further. See the proposed tournament schedule that is included with this information.

All-Star tryouts are by invitation only and will be held on Thursday, May 1, 2025. Player's that have been invited to tryouts will need to make an appointment for a designated time. A sign up link will be included with the invitation information.

All Star teams will be announced at closing ceremonies on May 10th. Players who make an all star team, as well as their parents, are expected to attend the Celebration event on Monday May 12.

FINANCIAL COMMITMENT

The participation fee for the 2025 season is \$425.00. A \$25.00 sibling discount can be applied per additional child participating from the same immediate family. Payment is due by Monday, May 12th by 5:00 p.m.

The majority of the participation fee covers four tournaments, the EGSL Freedom Tournament, a photo package, and the league approved uniform.

Additional participation fee may also apply for an EGSL designated All Star helmet and equipment bag. If a returning All Star player has the designated helmet and/or bag they can choose to purchase new equipment or use the approved equipment they already own. This fee will be due two weeks after practices begin as team fundraising opportunities may be available, but it is the responsibility of each individual family to cover this equipment cost. There could be extra fees added for additional tournaments, friendlies, and travel if a team qualifies for states and national tournaments. Fundraising by teams is a big part of the program and can assist with these costs so everyone is encouraged to participate in those efforts.

ALL STAR OBLIGATIONS

- Parents must submit dates at tryouts of the dates their players may not be available to attend practice or games. This information will be taken into consideration during team selection.
- Players must be able to play all the Districts, States, and Nationals Tournaments as well as 75% of all tournaments. See the schedule of tournaments included with this information.
- Players must play on the team they have been selected for.
- Practices for All Star teams can be 4-5 days a week and are scheduled at the coach's discretion based on field availability. Players are expected to attend all practices. School or religious events, or documented medical excuses are the exceptions for attendance.
- Once a player tries out, if they choose not to participate for any reason, they will not be able to participate in the next All-Star season.
- Players must be available to participate through the month of July or until the national tournaments have ended.
- Failure to abide by these guidelines could impact the player's eligibility to participate in all-stars the following season.

2025 Potential EGSL All-Star Tournaments

Note: EGSL pays for all-star teams to play in the Freedom Tournament,

PLAYER EXPECTATIONS

- Attend all practices and games on time
- Accept whatever role the Coach gives you
- Be willing to play positions that are unfamiliar
- Demonstrate a positive attitude and support your teammates
- Uphold our League's reputation by demonstrating good sportsmanship before, during and after games and support the overall team goals.
- Follow the EGSL Code of Conduct

PARENT EXPECTATIONS

- Support your coaches regardless of personal feelings
- Consider the team's success as a success for your daughter and a rewarding experience
- Avoid the tunnel vision focus and look instead at supporting the whole team
- Do not approach coaches during practices, warm-ups, or games with concerns. Any concerns should be addressed off the field at a mutually agreed upon time. Allow a 24 hour cooling off period prior to contacting the coach and/or division director.
- Parents and players are required to participate in fundraising events.
- Uphold our League's reputation by demonstrating good sportsmanship before, during and after games.
- Follow the EGSL Parent Code of Conduct
- Behavior, on the playing field or in the stands, which hinders the spirit of sportsmanship and cooperation that EGSL is trying to encourage, will not be tolerated. All EGSL rules, as well as each attended Tournament's rules, must be followed.
- Abusive language, drinking or profanity from coaches, players, parents, or fans will not be permitted AT ANY TIME.
- Parents will be suspended from participating in any events for failing to adhere to these policies.

The coach will be making decisions about playing time to best benefit the overall team. It is possible that a player may play in tournament pool play but not as much in the tournament championship bracket. All-Stars can be a very fun, exciting time for the girls. They will grow a lot from the hard work they put forth.

IF A PLAYER DECIDES TO QUIT/NOT PLAY ALL STARS AFTER TRYOUTS, OR DOESN'T FULFILL THE ALL-STAR REQUIREMENTS, SHE WILL NOT BE ELIGIBLE FOR ALL STARS DURING THE FOLLOWING YEAR.

A PLAYER OR PARENT MAY BE REMOVED FROM THE ALL-STAR PROGRAM FOR THE CURRENT SEASON AND POSSIBLY FUTURE SEASONS FOR FAILURE TO ABIDE BY THE RULES LISTED ABOVE.

PLEASE REACH OUT TO YOUR DIVISION DIRECTOR IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING THE ALL STAR PROGRAM.

**3 additional tournaments, as well as Districts, States and National tournaments.
Any additional tournaments must be covered by fundraising. Silver and bronze teams
can substitute the District tournament for a different tournament**

May 16-18	San Marcos - optional for Extreme teams
May 23-26	Rancho Penasquitos - All Teams
May 30-June 1	Carlsbad - All Teams
June 6-8	Poway - All Teams
June 20-22	B Districts - Extreme Teams - location TBA in North County
June 26-29	Freedom Tournament - EGSL Tournament - All Teams
July 3-6	So Cal B State Tournament in Lancaster - Teams that qualify at District Tournament
July 18-20	8u Regional as part of California State Games in San Diego - Teams that qualify at State Tournament
July 22-27	10u Western Nationals in Roseville, CA - Teams that qualify at State Tournament
July 29-Aug 3	12u Western Nationals in SoCal (Site TBA)
July 29-Aug 3	14u Western Nationals in Clovis, CA

